



Map Legend

	Bicycle Shop		Route 1 On Road
	Toilets		Route 1 Off Road
	Telephone		Route 3 On Road
	Shopping Centre		Route 4 On Road
	Government Building		Route 4 Off Road
	Place of Interest		Route 6 On Road
	Car Parks		Route 6 Off Road
	Swimming Pool		Route 7 On Road
	Picnicking		Route 7 Off Road
	Hospital		Route 8 On Road
	Visitor Information Centre		Route 8 Off Road
	BBQ Area		Route 10 On Road
	Playground		Route 10 Off Road
	Police		Route 11 On Road
	Library		Route 11 Off Road
	Railway Station		Route 12 Off Road
	Main Roads		Scenic On Road
	Local Roads		Scenic Off Road
	Railway		
	Walking Paths		
	Waterways		
	Parks		

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Maitland City Council
285 - 287 High Street, Maitland PO Box 220, Maitland NSW 2320
p: [02] 4934 9700 (Available 24 hours a day, 7 days a week)
f: [02] 4933 3209
e: mcc@maitland.nsw.gov.au
www.maitland.nsw.gov.au/Recreation/Recreationsub#cycleways
www.maitland.nsw.gov.au

Maitland Visitor Information Centre
Cnr New England Highway and High Street Maitland NSW 2320
p: [02] 4931 2800 or 1300 352 320 f: [02] 4931 2811
e: info@maitlandhuntervalley.com.au
www.maitlandhuntervalley.com.au

12/08



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Tips for riding your bicycle safely

- * Always wear a correctly fitted, Australian Standard approved bike helmet.
- * Obey traffic lights and signs.
- * Ride on the left side of the road.
- * Give hand signals to turn left or right.
- * Give way to pedestrians and other vehicles when entering and crossing a road.
- * You must use the bike lane where one is available.
- * When using a footpath or shared pedestrian/bicycle path, keep to the left and give way to pedestrians.
- * You must not be towed by another vehicle.
- * Maintain control of your bike at all times. It's an offence to ride with both hands off the handlebars, feet off the pedals or to carry anything which prevents you from having control.

Cyclists also have some special rights, which include:

- * *Riding two abreast, no more than 1.5 m apart.*
- * *Travelling to the front of a line of traffic on the left hand side of the stopped vehicles.*
- * *Travelling in Bus Lanes and Transit Lanes. However, cyclists cannot travel in Bus Only Lanes.*
- * *Travelling on the footpath where indicated by signage.*
- * *Cycling on the footpath if the cyclist is less than 12 years old. An adult, who is riding in a supervisory capacity of a cyclist less than 12 years old, may also ride with the young cyclist on the footpath.*
- * *Turning right from the left hand lane of a multi-lane roundabout with the proviso the cyclists must give way to exiting traffic.*

What gear do you need?

A bike

Make sure your bike is the right size for you. Your bike must be roadworthy with working brakes and a warning device such as a bell. At night or when visibility is poor, your bike must display a white light (steady or flashing) on the front and a red light (steady or flashing) to the rear. The bike must also have a red reflector to the rear.



A helmet

It is compulsory to wear a correctly fitted, approved helmet when cycling. An approved helmet is marked with an Australian Standards sticker. The helmet must fit firmly and comfortably to protect you against head injury. Make sure you choose one that is lightweight and a bright colour so other road users can see you.



The right clothing

To make it easier for other road users to see you, wear bright clothing during the day and reflective clothing at night. Also wear covered in shoes to protect your feet.



Rutherford to Greenhills Cycleyway pocket map



TED'S BIKE SHOP
Ted ANDERSON
24 Garnett Road, Greenhills 2323
Ph: 49336620 F: 49338835

STEAD CYCLES

CNR Lawson & Landor Street, Beresfield NSW 2322
Ph: 02 4966 2141 Ph/Fax: 02 4966 2621
steadcyc@tpg.com.au



Agents for:
Mongoose • Vivente • GT • Gemini • Gitane



All Bikes Fully Assembled Layby Welcome
Established Over 30 Years The shop that's opened after july period

Open
Mon to Wed
8:30 to 5:30
Thurs
8:30 to 8:00
Sat
8:30 to 4:00
Sun
10:00 to 4:00

Make tracks to... Hadley Cycles

Established 1975
Maitland - 329 High St. Ph: 4934 1919
Lambton - 1/37 Griffiths Rd. Ph: 4956 4440
Belmont - 448 Pacific Highway. Ph: 4945 3629

Maitland Visitor Information Centre

The Maitland Visitor Information Centre offers a free booking service, our friendly staff can assist with finding you the right accommodation and tours to meet your desire.

For further information and online bookings visit www.maitlandhuntervalley.com.au.

Open 7 days, café, BBQ facilities, bike rack, souvenirs, gifts, regional produce, internet access, public phone.

Maitland, Hunter Valley

There is something for everyone in Maitland, Hunter Valley. It is a destination where you may choose to relax or busily explore and enjoy the simple pleasures of fresh locally grown produce, specialty wines or take a tour of the heritage landscape. Boasting attractions such as Maitland Gaol and the historic Village of Morpeth, visitors will not be short of things to unearth and explore.

Must See & Do

Morpeth – The Hunter's premier boutique shopping and dining venue. Wander down the stone paved streets of this river port town to find colonial sandstone buildings occupied by an eclectic mix of cafés and shops selling designer wear, antiques, craft works and unique artistic pieces.

Festivals – Hunter Valley Steamfest is run annually in April and the Bitter & Twisted International Boutique Beer Festival in November. Don't miss Maitland's other festivals & events. For further details and dates visit www.maitlandhuntervalley.com.au

Maitland Gaol – Take a look at life on the inside at Maitland Gaol, once Australia's most notorious prison and now open for self guided audio tours and guided tours by an historian, ex-inmate or psychic.

In Retrospect – Enjoy Maitland's historic buildings and streetscapes and follow the documented heritage walks covering Morpeth, East Maitland, West Maitland and Lorn. Call into the Maitland Visitor Information Centre for a brochure that outlines the significant sites on these walks.

Indulge – The Hunter Valley is famous for its wine, great food and entertainment. Visit one of the local cafés, pubs or clubs for some delicious local treats.

Rest – Stay the night in comfortable accommodation, from B&Bs to quality motels and luxury self contained cottages. Book online at www.maitlandhuntervalley.com.au or phone the Maitland Visitor Information Centre on 1300 652 320.

commute - get fit - explore - discover - enjoy!