



2-15 March 2026



Live life in colour

NSW **Seniors Festival** 2026

maitland.nsw.gov.au





Community directory

EMERGENCY SERVICES

Emergency (Police, Fire, Ambulance – life threatening)	000
NSW State Emergency Service (SES)	132 500
NSW Rural Fire Services (RFS)	1800 679 737
Translating Interpreting Service (TIS)..... (If you do not speak English well)	13 14 50

SENIORS SUPPORT SERVICES

Centrelink: older Australians	132 300
1800RESPECT	1800 737 732
My Aged Care	1800 200 422

LOCAL COMMUNITY SERVICES

Maitland Community Care Services.....	02 4932 5755
Maitland Region Community Support	02 4932 0950

MENTAL HEALTH SUPPORT

Mental Health Line	1800 011 511
Lifeline	13 11 14
Beyond Blue	1300 22 4636

If you are experiencing a mental health crisis, call 000 for an ambulance

KEY:



Accessible
entry



Accessible
bathroom



Accessible
parking available

Rock 'n' Roll in Colour: Seniors Lunch & Show

Step back into the rock 'n' roll era with Robbie & the Rockers, a talented three-piece band bringing classic hits from the 1950s and 1960s straight to the Maitland Town Hall stage. Enjoy the lively music, dance along and share a delicious lunch while celebrating Maitland Seniors Festival 2026 and this year's theme, Live Life in Colour.

Date: Sunday 8 and Saturday 14 March

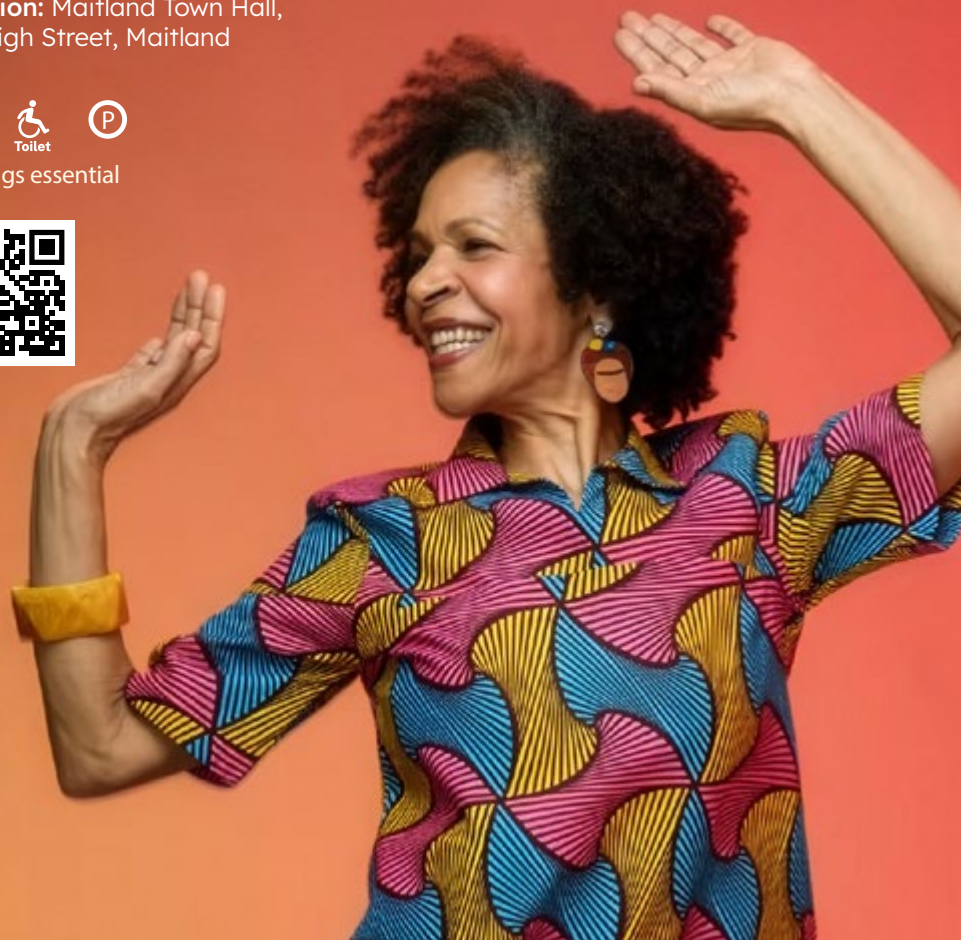
Time: Doors open at 10am for 11am start until 1pm

Cost: \$10 per person

Location: Maitland Town Hall,
263 High Street, Maitland



Bookings essential



Festival Program

Some events are run by organisations outside of Council. As details may change, we recommend contacting the event provider directly for the most up-to-date information.

St Vincent de Paul benefits of volunteering - community pop up stall **FREE**

Learn how volunteering can make a difference in the lives of others and in your own! Visit our pop-up stall for information, giveaways and expressions of interest forms.

Date: Monday - Friday
10am - 2pm

Location: St Vincent de Paul, 2/437
High Street, Maitland

No bookings required. For more information, call **02 4967 6277** or email maitland.newcastle@vinnies.org.au



Seniors fitness with Jessie

Love Fitness with Jessie is a fun, inclusive fitness class for seniors, focusing on strength, cardio, balance and mobility, with participants encouraged to work at their own pace and enjoyment a must at every session.

Date: Monday 2 March

Time: 9am - 9.45am

Cost: \$8.00

Location: Tenambit Community Hall,
Corner of Tyrell and Kenneth Street,
Tenambit

No bookings required. For more information, call Jessie **0404 733 906**



Come and try pickleball at PCYC

Pickleball is a fun and interactive sport that's perfect for seniors. It's a great way to stay active, meet new people, and enjoy some friendly competition. Suitable for all skill levels, whether you've never played before or have some experience. PCYC welcomes you to come and give it a try!

Date: Monday 2 and 9 March

Time: 9.30am - 11.30am

Cost: \$10 per session

Location: PCYC Maitland, 3 James
Street, Maitland

No bookings required. For more information call **02 4934 7122** or email maitland@pcycnsw.org.au



Free hearing checks with Hearing Australia **FREE**

Rediscover the sounds you love with free hearing checks at Maitland City Library.

Date: Monday 2 March

Time: 9.30am - 12.30pm

Location: Maitland City Library, 480
High Street, Maitland

Bookings required via trybooking.com/DIGND. For more information call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Free entry to Maitland aquatic facilities

Enjoy free access to both of Maitland's aquatic facilities, including recreational swimming and aqua fitness classes during the festival.

Date: Monday 2 to Sunday 15 March

Location: Maitland and East Maitland Aquatic Centres, Les Darcy Drive, Maitland and 41 Narang Street, East Maitland

Aqua fitness class times: 10am (Monday - Friday) 6pm (Tuesday - Thursday)

No bookings required for recreational swimming. Bookings essential for aqua classes via aquatics@maitland.nsw.gov.au



Creative corner – Thornton Library **FREE**

Get creative in company! Come along to Thornton Library for a light morning tea as you enjoy the wellbeing benefits of colouring.

Date: Monday 2 and 9 March

Time: 11am – 12pm

Location: Thornton Library, Taylor Avenue, Thornton

Bookings required via trybooking.com/DIACG. For more information call Maitland Libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Chair yoga **FREE**

A gentle, accessible form of yoga practiced in a chair! Find comfort and ease, with variations to suit you. Improve mobility, balance and strength, and calm your nervous system.

Date: Monday 2 and 9 March

Time: 5pm – 6pm

Location: Morpeth Church of Immaculate Conception Hall. Corner James and George Street, Morpeth

Free for new participants. Bookings required. For more information or to book, call Mikola **0401 902 898** or visit online huntershimmysisters.com/timetable-bookings



Hume Housing East Maitland Seniors Hub **FREE**

Join our welcoming 55+ social group in East Maitland for weekly activities, fun and friendship - open to all, regardless of whether you're a Hume customer! Activities include gentle exercise, morning tea, arts and crafts.

Date: Tuesday 3 and 10 March

Time: 9.30am – 12pm

Location: Common Room, 77 George Street, East Maitland

No bookings required. For more information, call Richard **0491 691 977** or email richard.hershman@humehousing.com.au



Art and sip at Maitland Park **FREE**

Hosted by Maitland U3A, come and enjoy a relaxed outdoor art session for seniors at Maitland Park, where you can sketch and socialise in a friendly setting. Bring a chair, your art materials, and a thermos of tea or coffee, and enjoy biscuits while drawing near the Maitland Park Rotunda.

Date: Tuesday 3 March

Time: 10am – 12pm

Location: Near the Maitland Park Rotunda, Maitland

No bookings required. For more information, call Peter **0409 514 452** or email peterwe44@hotmail.com



Come and try pickleball at PCYC

Pickleball is a fun and interactive sport that's perfect for seniors. It's a great way to stay active, meet new people, and enjoy some friendly competition. Suitable for all skill levels, whether you've never played before or have some experience. PCYC welcomes you to come and give it a try!

Date: Tuesday 3 and 10 March

Time: 10am - 12pm

Cost: \$10 per session

Location: PCYC Maitland, 3 James Street, Maitland

No bookings required. For more information call **02 4934 7122** or email maitland@PCYCnsw.org.au



Dance fit – seated & standing **FREE**

A gentle dance class perfect for anyone navigating balance or mobility challenges. A joyful mix of jazz, fitness and feel-good movement, with dances performed both in our chair and standing with chair support.

Date: Tuesday 3 and 10 March

Time: 10am – 11am

Location: Morpeth Church of Immaculate Conception Hall. Corner James and George Street, Morpeth

Free for new participants. Bookings required. For more information or to book, call Mikola **0401 902 898** or visit online huntershimmysisters.com/timetable-bookings



Breakfast with the birds at Walka Water Works **FREE**

Guided bird walk hosted by Hunter Bird Observers Club and Walka Landcare. The walk will follow flat gravel tracks around the reservoir and into light bushland, making it suitable for a range of mobility needs. No prior experience is required - just bring your curiosity! If you have binoculars, feel free to bring them along. Light refreshments will be provided on the day.

Date: Wednesday 4 March

Time: 8am - 12pm

Location: 55 Scobies Lane, Oakhampton (Walka Water Works). Meeting point will be at the train station.

Bookings required via mait.city/BreakfastWithBirds
For more information, call Simon **02 4934 9700** or email simon.dunne@maitland.nsw.gov.au



U3A Maitland men's breakfast at The Whistler **FREE**

Come along and enjoy secret men's business whilst enjoying a hearty breakfast and guest speaker. Order from the à la carte menu or just have a coffee!

Date: Wednesday 4 March

Time: 8.15am – 10.30am

Location: The Whistler, 436 High Street, Maitland

No bookings required. For more information, call Peter **0409 514 452** or email peterwe44@hotmail.com



Hume Housing Rutherford Seniors Hub **FREE**

Join our welcoming 55+ social group in Rutherford for weekly activities, fun and friendship - open to all, regardless of whether you're a Hume customer! Activities include gentle exercise, morning tea, arts and crafts.

Date: Wednesday 4 and 11 March

Time: 10.30am – 12pm

Location: Common Room, 9-21 Alexander Avenue, Rutherford (near units 26-30)

No bookings required. For more information, call Richard **0491 691 977** or email richard.hershman@humehousing.com.au



Creative corner – Rutherford Library **FREE**

Get creative in company! Come along to Rutherford Library for a light morning tea and create some beautiful paper crafts.

Date: Wednesday 4 and 11 March

Time: 11am – 12pm

Location: Rutherford Library, 13 Arthur Street, Rutherford

Bookings required via trybooking.com/DIACW.
For more information, call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Chair yoga **FREE**

A gentle, accessible form of yoga practiced in a chair! Find comfort and ease, with variations to suit you. Improve mobility, balance and strength, and calm your nervous system.

Date: Wednesday 4 and 11 March

Time: 11am – 12pm

Location: Morpeth Church of Immaculate Conception Hall. Corner James and George Street, Morpeth

Free for new participants. Bookings required. For more information or to book, call Mikola **0401 902 898** or visit online www.huntershimmysisters.com/timetable-bookings



Be Connected – accessing Maitland Council online **FREE**

We're making it easy by showing you how you can use your phone, tablet, or computer to access Maitland Council's online services. Find out what council services you can access online from reporting issues, to redeeming bulky waste vouchers.

Date: Wednesday 4 March

Time: 11am – 12.30pm

Location: Maitland City Library, 480 High Street, Maitland

Bookings required via maitlandlibrary.com.au/whats-on/digital-tech-sessions
For more information, call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Come and try pickleball at PCYC

Pickleball is a fun and interactive sport that's perfect for seniors. It's a great way to stay active, meet new people, and enjoy some friendly competition. Suitable for all skill levels, whether you've never played before or have some experience. PCYC welcomes you to come and give it a try!

Date: Wednesday 4 and 11 March

Time: 6pm - 8pm

Cost: \$10 per session

Location: PCYC Maitland, 3 James Street, Maitland

No bookings required. For more information call **02 4934 7122** or email maitland@PCYCnsw.org.au



Tai Chi in Maitland Park **FREE**

Join U3A Maitland for a relaxed Tai Chi session in Maitland Park, focused on gentle movement, balance and wellbeing.

Date: Thursday 5 March

Time: 9.30am - 11am

Location: Near the grassed area east side of Aquatics Centre. Maitland Park, Maitland. Look for the U3A Banner.

No bookings required. Wet weather option: St Peters Church Hall, 49 William Street East Maitland. For more information, call Peter **0409 514 452** or email peterwe44@hotmail.com



Free hearing checks with Hearing Australia **FREE**

Rediscover the sounds you love with free hearing checks at Rutherford Library.

Date: Thursday 5 March

Time: 9.30am - 12.30pm

Location: Rutherford Library, 13 Arthur Street, Rutherford

Bookings required via trybooking.com/DIGNH. For more information, call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Dance fit – standing **FREE**

A standing dance class carefully curated for seniors. A fun and accessible mix of jazz, fitness and feel-good movement.

Date: Thursday 5 and 12 March

Time: 10am - 11am

Location: Largs School of Arts, 27 High Street, Largs

Free for new participants. Bookings required. For more information or to book, call Mikola **0401 902 898** or visit online huntershimmysisters.com/timetable-bookings



Recycling and going circular with waste **FREE**

Learn how you can make the most of Councils' waste services. This session will cover the appropriate disposal of everyday waste items and information to assist in decluttering. As a part of the presentation, we will touch on the appropriate disposal of items in your kerbside bins and explore the free recycling opportunities available to Maitland residents to divert waste from landfill.

Date: Thursday 5 March

Time: 10.30am - 11.30am

Location: Rutherford Library, 13 Arthur Street, Rutherford

No bookings required. For more information, call **02 4934 9700** or email maitland.greencommunities@maitland.nsw.gov.au



Creative corner – Maitland Library **FREE**

Get creative in company! Come along to Maitland Library for a light morning tea and mindful colouring.

Date: Thursday 5 and 12 March

Time: 11am - 12pm

Location: Maitland City Library, 480 High Street, Maitland

Bookings required via trybooking.com/DIABO. For more information, call Maitland Libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Be Connected – accessing Maitland Council online

We're making it easy for you by showing you how you can use your phone, tablet, or computer to access Maitland Council's online services. Find out what council services you can access online from reporting issues, to redeeming bulky waste vouchers.

Date: Thursday 5 March

Time: 11am - 12.30pm

Location: East Maitland Library, 3 Garnett Road, East Maitland

Bookings required via maitlandlibrary.com.au/whats-on/digital-tech-sessions For more information call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Adult ballet **FREE**

A classical ballet class with mature dancers in mind. Build core strength and improve posture and coordination. Best suited to those with some experience with dance or movement in any style.

Date: Thursday 5 and 12 March

Time: 11.15am - 12.15pm

Location: Largs School of Arts, 27 High Street, Largs

Free for new participants. Bookings required. For more information or to book, call Mikola **0401 902 898** or visit online huntershimmysisters.com/timetable-bookings



Common thread **FREE**

Come along to East Maitland Library and get to know others with an interest in sustainability and passing on traditional mending skills through needlework. Extend the life of your favourite materials through resourcefulness and creativity in a welcoming environment with afternoon tea.

Date: Thursday 5 March and Thursday 12 March

Time: 1.30pm – 2.30pm

Location: East Maitland Library, 3 Garnett Road, East Maitland

Bookings required [trybooking.com/DIAAX](https://trybooking.com/). For more information, call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Come and try pickleball at PCYC

Pickleball is a fun and interactive sport that's perfect for seniors. It's a great way to stay active, meet new people, and enjoy some friendly competition. Suitable for all skill levels, whether you've never played before or have some experience. PCYC welcomes you to come and give it a try!

Date: Friday 6 and 13 March

Time: 8.30am – 10.30am

Cost: \$10 per session

Location: PCYC Maitland, 3 James Street, Maitland

No bookings required. For more information call **02 4934 7122** or email maitland@pcycnsw.org.au



Social gathering for senior men at Morpeth Men's Shed

FREE

Enjoy a welcoming social gathering for senior men at the Morpeth Men's Shed. Connect with others, share a cuppa, enjoy conversation, and take part in relaxed activities in a friendly and supportive environment.

Date: Friday 6 March

Time: 9am – 2pm

Location: 21 Duckenfield Road, Morpeth

Bookings required. For more information or to book, email morpeth.mens.shed@gmail.com



Seniors Festival art & heritage tour **FREE**

Join our Maitland Regional Art Gallery guide as they give an insightful tour of the current exhibitions featured at the Gallery. Learn the history of this building, and the iterations it has undergone before becoming one of the most celebrated regional galleries in Australia.

Date: Friday 6 and 13 March

Time: 10am – 10.45am

Location: Maitland Regional Art Gallery, 230 High Street, Maitland

Bookings required via Maitland Regional Art Gallery website mrag.org.au/whats-on-mrag/calendar/.

For more information, call **02 4934 9859** or email artgallery@maitland.nsw.gov.au



Knitting and crochet **FREE**

Get creative with U3A Maitland! Whether you're a seasoned crafter or just curious, come along to join in or simply watch. Enjoy a relaxed, social morning with morning tea provided.

Date: Friday 6 March

Time: 10am – 12pm

Location: Maitland Girl Guides Hall, 52 St Andrews Street, Maitland

No bookings required. For more information, call Peter **0409 514 452** or email peterwe44@hotmail.com



Dance for Parkinson's and mobility **FREE**

A mostly seated class perfect for those with mobility challenges. A fun and inspiring mix of music and dance styles. Carers welcome, with morning tea following the class.

Date: Friday 6 and 13 March

Time: 10am – 11am

Location: Morpeth Church of Immaculate Conception Hall. Corner James and George Street, Morpeth

Free for new participants. Bookings required. For more information or to book, call Mikola **0401 902 898** or visit online huntershimmysisters.com/timetable-bookings



Drumming workshop for seniors **FREE**

Drum yourself happy with Earthen Rhythms in a free African drumming workshop.

Date: Friday 6 March

Time: 10.30am – 11.30am

Location: East Maitland Library, 3 Garnett Road, East Maitland

Bookings required via trybooking.com/DIGMZ. For more information, call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Creative corner – East Maitland Library **FREE**

Get creative in company! Come along to East Maitland Library for a light morning tea and paint for wellbeing.

Date: Friday 6 and 13 March

Time: 11am – 12pm

Location: East Maitland Library, 3 Garnett Road, East Maitland

Bookings required via trybooking.com/DIADL. For more information, call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Literature live – *The Tangled Web* with Tea Cooper

Local favourite Tea Cooper brings us her latest novel, the dark, bloody mystery, *The Tangled Web*.

Date: Friday 6 March

Time: 6pm – 7.30pm

Cost: \$15

Location: East Maitland Library, 3 Garnett Road, East Maitland

Bookings required via **trybooking.com/DIGOM**. For more information, call Maitland libraries **02 4033 0999**, or email **library@maitland.nsw.gov.au**



Come and try pickleball at PCYC

Pickleball is a fun and interactive sport that's perfect for seniors. It's a great way to stay active, meet new people, and enjoy some friendly competition. Suitable for all skill levels, whether you've never played before or have some experience. PCYC welcomes you to come and give it a try!

Date: Saturday 7 and 14 March

Time: 9.30am – 11.30am

Cost: \$10 per session

Location: PCYC Maitland, 3 James Street, Maitland

No bookings required. For more information call **02 4934 7122** or email **maitland@pcycnsw.org.au**



Vintage clothing display

Established in 2005, explore a collection of textile items including dresses, hats, shoes and ties ranging from as early as 1860 to the present day. It's Australia's only dedicated clothing museum.

Date: Saturday 7 March, Sunday 8 March, Saturday 14 March and Sunday 15 March

Time: 10am – 3pm

Cost: \$5 per person

Location: Australian Museum of Clothing and Textiles, Brough House, 73 Church Street, Maitland

No booking required. For more information call **0408 329 495** or visit **museumofclothing.org**



Free hearing checks with Hearing Australia **FREE**

Rediscover the sounds you love with free hearing checks at East Maitland Library.

Date: Monday 9 March

Time: 9.30am – 12.30pm

Location: East Maitland Library, 3 Garnett Road, East Maitland

Bookings required via **trybooking.com/DIGNC**. For more information, call Maitland libraries **02 4033 0999**, or email **library@maitland.nsw.gov.au**



Get involved in citizen science

FREE

Discover how to support environmental research through citizen science. Learn how to connect with others, volunteer your time and contribute to conservation. A smartphone or device may be useful but is not essential. Enjoy a light morning tea and a hands-on demonstration of apps in the natural environment outside the library.

Date: Tuesday 10 March

Time: 9.30am – 10.30am

Location: East Maitland Library, 3 Garnett Road, East Maitland

Bookings required via **trybooking.com/DIGNL**. For more information call **02 4934 9700** or email **maitland.greencommunities@maitland.nsw.gov.au**



Water safety, basic CPR & rescue workshop **FREE**

Join us for a free educational workshop designed specifically for our seniors, focusing on essential water safety awareness, basic CPR and rescue techniques.

Date: Wednesday 11 March

Time: 8am – 10am

Location: Maitland Aquatic Centre meeting room, Les Darcy Drive, Maitland

Bookings essential via email **aquatics@maitland.nsw.gov.au**



Rotary Club of East Maitland weekly walking group and social chat **FREE**

Come along and join a refreshing one hour varied walk focused on friendship and wellbeing. Stay active, share companionship and enjoy the outdoors.

Date: Wednesday 11 March

Time: 8.15am – 9.15am

Location: East Maitland Library, 3 Garnett Road, East Maitland

No bookings required. For more information, contact Carol on **0401 680 124**



Come and try dragon boating **FREE**

Discover the excitement of dragon boating with the Hunter River Dragons! Paddle in a boat with up to 20 people and experience the thrill of teamwork on the water.

Date: Wednesday 11 March

Time: 8.30am – 10am

Location: Morpeth Boat Ramp, 3 Queens Wharf Road, Morpeth

Bookings required via **hunterriverdragons.com.au/registration/**. For more information, call Maria **0487 274 430** or email **membership@hunterriverdragons.com**



Still life watercolour workshop for seniors with artist Ileana Clarke

Join artist Ileana Clarke for a relaxed two hour beginner-friendly watercolour workshop. No experience needed! Focus on interpreting a still life, learn techniques, and gain confidence in a friendly, social setting. Those with some experience can try new techniques. All materials provided.

Date: Wednesday 11 March

Time: 10am – 12pm and 1.30pm – 3.30pm

Cost: \$10

Location: Maitland Regional Art Gallery, 230 High Street, Maitland

Bookings required via MRAG website mrag.org.au/whats-on-mrag/calendar. For more information, call **02 4934 9859** or email artgallery@maitland.nsw.gov.au



Craft and Devonshire Tea

FREE

Enjoy simple crafts and a traditional Devonshire Tea in a relaxed and welcoming environment for seniors. A free and enjoyable way to socialise and get creative.

Date: Wednesday 11 March

Time: 10am – 2pm

Location: CWA Hall, 46 Church Street, Maitland

No booking required. For more information, contact Julie on

0413 324 195 or email julieread54@gmail.com



Be connected – all about AI

FREE

We take you through the ins and outs of AI, including how to spot it, the benefits and how to use it.

Date: Wednesday 11 March

Time: 11am – 12.30pm

Location: Maitland Library, 480 High Street, Maitland

Bookings required via maitlandlibrary.com.au/whats-on/digital-tech-sessions. For more information, call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Explore the Maitland Steam and Antique Machinery Association

FREE

Step back in time and explore the fascinating world of steam and antique machinery! Join us for a free guided tour of our facility and learn about the history of our machines, how they operate, and the dedication that goes into preserving these incredible pieces of engineering.

Date: Thursday 12 March

Time: 8am – 1pm

Location: Garnham Grounds, 100 Church Street, Maitland

No bookings required. For more information, call Ian **0428 396 849**



Ageing well engagement cuppa 'n' chat morning tea

FREE

Join Maitland City Council staff for morning tea and have your say on the development of the 'Ageing Well' Supporting Plan as part of Council's first ever Social Strategy. Help shape programs and initiatives that support older residents to live healthy, connected lives.

Date: Thursday 12 March

Time: 9am – 12pm

Location: Sunken Foyer, Maitland Administration Centre, 263 High Street, Maitland

No bookings required. For more information, call **02 4934 9700** or email community.team@maitland.nsw.gov.au



Can't stay for a chat or unable to attend?

You can still have your say on our Ageing Well Supporting Plan.

Scan the QR code to share your ideas on how we can support healthy ageing, inclusive spaces and stronger social connections for older people in our community.



Scan the QR code to take the survey



U3A Maitland pop up information stand **FREE**

Visit U3A Maitland's information stand and discover the wide range of social and learning activities to offer. Ask questions, meet members and find out how you can get involved!

Date: Thursday 12 March

Time: 10am – 3pm

Location: Outside Kmart at Maitland Central Shopping Centre, 405 High Street, Maitland

No bookings required. For more information, call Peter **0409 514 452** or email peterwe44@hotmail.com



Conversations: Art and Dementia **FREE**

Conversations is a free 90 minute social and creative tour of exhibitions created specifically for people living with dementia and their carers. The sessions are guided by a trained facilitator who uses art as a trigger for conversation and self-expression through art making, enabling visitors to express their thoughts and emotions in a friendly and supportive environment.

Date: Thursday 12 March

Time: 10.30am – 12pm

Location: Maitland Regional Art Gallery, 230 High Street, Maitland

Bookings required. For more information, or to book call **02 4934 9859** or email artgallery@maitland.nsw.gov.au



Be connected – all about AI **FREE**

We take you through the ins and outs of AI, including how to spot it, the benefits and how to use it.

Date: Thursday 12 March

Time: 11am – 12.30pm

Location: East Maitland Library, 3 Garnett Road, East Maitland

Bookings required via maitlandlibrary.com.au/whats-on/digital-tech-sessions.

For more information, call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Seniors 80's disco aqua class at Maitland Aquatic Centre **FREE**

Come and dive into an energetic aqua class with an 80's disco twist! Enjoy great music, a fun workout, hosted by the team at Maitland Aquatics Centre.

Date: Friday 13 March

Time: 10am – 11am

Location: Maitland Aquatic Centre, Les Darcy Drive, Maitland

Bookings essential via email aquatics@maitland.nsw.gov.au



Literature live – *Almost a Star* with Lonnie Lee

Join Australian music legend Lonnie Lee for a very special evening, sharing tales from his new book *Almost a Star*.

Date: Friday 13 March

Time: 5pm – 6.30pm

Cost: \$15

Location: Maitland Town Hall, 263 High Street, Maitland

Bookings required via trybooking.com/DIGOC. For more information, call Maitland libraries **02 4033 0999**, or email library@maitland.nsw.gov.au



Open day at Maitland Repertory Theatre **FREE**

Ever wanted to see behind the scenes at Maitland's community theatre? Now's your chance. Come along for a short guided tour behind the scenes. Hear about Maitland Repertory Theatre's history and see how the theatre works.

Date: Saturday 14 March

Time: 9am – 11am

Location: 244 High Street, Maitland

No booking required. For more information, call **0427 933 280** or email info@mrt.org.au



U3A Maitland Sunday brunch

Join a friendly group of U3A members for a relaxed Sunday brunch at the East Maitland Bowling Club. Order a meal and coffee from the restaurant, or just enjoy a simple sandwich and coffee. Look for the group wearing blue-grey lanyards!

Date: Sunday 15 March

Time: 11am – 2pm

Location: Lower Ground Floor, East Maitland Bowling Club, 23 Banks Street, East Maitland

No bookings required. For more information, call Peter **0409 514 452** or email peterwe44@hotmail.com



Seniors Festival calendar 2026

Everyday		Free entry to Maitland Aquatics facilities pg.4		St Vincent de Paul benefits of volunteering - community pop up stall pg.3 Monday - Friday 10am - 2pm	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
02 Seniors fitness with Jessie pg.3 9am - 9.45am Come and try pickleball at PCYC pg.3 9.30am - 11.30am Free hearing checks with Hearing Australia pg.3 9.30am - 12.30pm Creative corner - Thornton Library pg.5 11am - 12pm Chair yoga pg.5 5pm - 6pm	03 Hume Housing East Maitland Seniors Hub pg.5 9.30am - 12pm Art and sip at Maitland Park pg.5 10am - 12pm Come and try pickleball at PCYC pg.6 10am - 12pm Dance fit - seated & standing pg.6 10am - 11am	04 Breakfast with the birds at Walka Water Works pg.6 8am - 12pm U3A Maitland Men's breakfast at The Whistler pg.6 8.15am - 10.30am Hume Housing Rutherford Seniors Hub pg.7 10.30am - 12pm Creative corner - Rutherford Library pg.7 11am - 12pm Chair yoga pg.7 11am - 12pm Be Connected - accessing Maitland Council online pg.7 11am - 12.30pm Come and try pickleball at PCYC pg.8 6pm - 8pm	05 Tai Chi in Maitland Park pg.8 9.30am - 11am Free hearing checks with Hearing Australia pg.8 9.30am - 12.30pm Dance fit - standing pg.8 10am - 11am Recycling and going circular with waste pg.9 10.30am - 11.30am Creative corner - Maitland City Library pg.9 11am - 12pm Be Connected - accessing Maitland Council online pg.9 11am - 12.30pm Adult ballet pg.9 11.15am - 12.15pm Common thread pg.10 1.30pm - 2.30pm	06 Come and try pickleball at PCYC pg.10 8.30am - 10.30am Social gathering for senior men at Morpeth Men's Shed pg.10 9am - 2pm Seniors Festival art & heritage tour pg.10 10am - 10.45am Knitting and crochet pg.11 10am - 12pm Dance for Parkinson's and mobility pg.11 10am - 11am Drumming workshop for seniors pg.11 10.30am - 11.30am Creative corner - East Maitland Library pg.11 11am - 12pm Literature Live - The Tangled Web with Tea Cooper pg.12 6pm - 7.30pm	07 Come and try pickleball at PCYC pg.12 9.30am - 11.30am Vintage clothing display pg.12 10am - 3pm
					Sunday
					08 Vintage clothing display pg.12 10am - 3pm Rock 'n' Roll in Colour: Seniors Lunch & Show pg.2 Doors open 10am for 11am start

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09 Come and try pickleball at PCYC pg.3 9.30am - 11.30am Free hearing checks with Hearing Australia pg.12 9.30am - 12.30pm Creative corner – Thornton Library pg.5 11am - 12pm Chair yoga pg.5 5pm - 6pm	10 Hume Housing East Maitland Seniors Hub pg.5 9.30am - 12pm Get involved in citizen science pg.13 9.30am - 10.30am Come and try pickleball at PCYC pg.6 10am - 12pm Dance fit – seated & standing pg.6 10am - 11am	11 Water safety, basic CPR & rescue pg.13 8am - 10am Rotary Club of East Maitland walking and and social group pg.13 8.15am start Come and try dragon boating pg.13 8.30am - 10am Still life watercolour workshop with artist Ileana Clarke pg.14 10am - 12pm and 1.30pm - 3.30pm Craft and Devonshire Tea pg.14 10am - 2pm Hume Housing Rutherford Seniors Hub pg.7 10.30am - 12pm Creative corner – Rutherford Library pg.7 11am - 12pm Be connected – all about AI pg.14 11am - 12.30pm Chair yoga pg.7 11am - 12pm Come and try pickleball at PCYC pg.8 6pm- 8pm	12 Explore the Maitland Steam and Antique Machinery Association pg.14 8am - 1pm Ageing well engagement cuppa ‘n’ chat morning tea pg.15 9am - 12pm U3A Maitland pop up information stand pg.16 10am - 3pm Dance fit – standing pg.8 10am - 11am Conversations: Art & Dementia pg.16 10.30am - 12pm Creative corner – Maitland City Library pg.9 11am - 12pm Be Connected – all about AI pg.16 11am - 12.30pm Adult ballet pg.9 11.15am - 12.15pm Common thread pg.10 1.30pm - 2.30pm	13 Come and try pickleball at PCYC pg.10 8.30am - 10.30am 80’s disco aqua class at Maitland Aquatic Centre pg. 16 10am - 11am Dance for Parkinson’s and mobility pg.11 10am - 11am Seniors Festival art & heritage tour pg.10 10am - 10.45am Creative corner – East Maitland Library pg.11 11am - 12pm Literature Live - Almost a Star with Lonnie Lee pg.17 5pm - 6.30pm	14 Open day at Maitland Repertory Theatre pg.17 9am - 11am Come and try pickleball at PCYC pg.12 9.30am - 11.30am Vintage clothing display pg.12 10am - 3pm Rock ‘n’ Roll in Colour: Seniors Lunch & Show pg.2 Doors open 10am for 11am start
					Sunday
					15 Vintage clothing display pg.12 10am - 3pm U3A Maitland Sunday Brunch pg.17 11am - 2pm



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