

Food Assistance Network



Listed below are some local organisations providing meals for free or at low cost for people needing assistance in Maitland.



Food Assistance



Food Vouchers

M	T	W	T	F	S
Maitland Region Community Support (MRCS) 11 Arthur Street, Rutherford - 02 4932 0950					
10.00am - 3.00pm 	10.00am - 3.00pm 	10.00am - 3.00pm 	10.00am - 3.00pm 	10.00am - 3.00pm 	
Metford Community Baptist Church - Grace Community Kitchen 83-85 Chelmsford Drive, Metford - 02 4934 5350 Please call ahead to confirm meals are available. *5.50pm to 6.30pm session every second Wednesday.					
	10.00am - 12.00pm 	10.00am - 12.00pm 5.50pm - 6.30pm* 		12.00pm - 2.00pm 	
Maitland Uniting Church - MUNCH Program 347 Ken Tubman Drive, Maitland - 0493 828 071					
5.00pm 		5.00pm 			
St Vincent de Paul 437 High Street, Maitland - 02 4961 6885 - By appointment only. Please phone for an appointment the day before between 9.00am - 12.00pm.					
9.00am - 12.00pm 	9.00am - 12.00pm 	9.00am - 12.00pm 	9.00am - 12.00pm 	9.00am - 12.00pm 	
House of Grace Community Care - Maitland Food Co-op 61 Victoria Street, East Maitland - 02 4072 2290					
			10.00am - 2.00pm 	10.00am - 2.00pm 	
St Christopher's Anglican Church 92 Gillies Street, Rutherford - 02 4932 8604					
	9.00am - 11.00am 				
Saint Peter's Church, Anglican Parish of East Maitland - St Peter's Pantry - 0400 652 406 - Call on Tuesday between 9.00am - 1.00pm to register for Wednesday pick up.					
		By appointment 			
Our Circle Maitland Maitland City Library carpark, 480 High St, Maitland - 02 4044 4703					
					5.00pm - 6.00pm
Hope Unlimited Church Maitland 13/1a Ken Tubman Drive Maitland - 02 439 33764					
	11.00am - 2.00pm 	11.00am - 2.00pm 			

Organisations in the Food Assistance Network also provide additional services, such as hygiene packs, clothing, washing and shower facilities. Please reach out to them for more information.

The information provided on this flyer was correct at the time of printing in September 2026. Please contact the individual service provider for the most up to date information.

Scan the QR code to find out more or visit maitland.nsw.gov.au/food-assistance

